

# coming events

**NOTICE:** Please try to keep all coming events notices under 35 words so we may be able to publish as many as possible given space limitations.

**WOOFMINSTER 2010:** 5th Annual Planet Dog Foundation Amateur Dog Show & Cover Dog Challenge. A fundraiser for well behaved dogs & their people to benefit Planet Dog Foundation. Challenge categories may include Best Trick, Most Ear-Resistable Ears, Vocal, Mystery Mutt, Smile, Most Ball Crazy, Best 2 Legged Beggar & Best Kisser. Oct. 2 from 1-4pm (Registration begins at 12:30) at Camp Ketcha, Scarborough. Tickets \$12/adults, \$5/dogs, \$5/kids 7-18, under 7 is free. FMI call Katie LeBel 563-7695 katie@planetfriendlypr.com or Kristen Smith 761-1515 or kristen@planetdog.com

**SMMC VISITING NURSES:** Invites you to attend our Pre-Diabetes Class Sept. 14 from 5:30 - 7pm at SMMC Visiting Nurses, 72 Main Street, Kennebunk. Fee is \$10. You'll learn what is normal & abnormal blood sugar, How pre-diabetes is diagnosed, Ways to reduce your risk of getting diabetes, What foods affect your blood sugar, How to read food labels & much more! Pre-registration is req. Call 985-1000 during regular business hours Mon-Fri 8am - 4pm.

**SCARBOROUGH:** AKC Meet the Breeds Showcase, Sun. Sept. 19, 2010 from 10am - 4pm. Rain or Shine at Tractor Supply Co., Rt. 1. Free Admission. FMI call Peg at 627-2291 or visit <http://yorkcountykennelclub.homestead.com>.

**YORK COUNTY FOOD RESCUE:** A nonprofit agency, that supplies free food to over 43 York County food pantries & meals programs, will be the beneficiary of 2 upcoming food drives. Save-A-Lot, Sanford, will hold a RED BAG food drive over Labor Day weekend, Fri., Sat. & Sun., Sept. 3, 4, & 5 from 8am - 6pm. A red bag will be given to each shoppers to hold purchased food intended for food rescue. Smitty's, Biddeford, will accept donated canned food for York County Food Rescue the entire month of September. Each person donating canned goods, will receive free popcorn! York County Food Rescue is very grateful to these 2 businesses for helping solicit food for hungry people. FMI contact Jodi Bissonette at 206-2812 foodrescue@metrocast.net

## AWS

**IF YOU ARE INTERESTED IN ADOPTING:** Please contact The Animal Welfare Society at 985-3244 or visit us online at [www.animalwelfare.org](http://www.animalwelfare.org)

**SEPTEMBER 4 (SAT):** Just in time for back to school, the AWS dogs and their biggest fans, MAT, are getting ready for fall too. They'll be at Pet Quarters in Wells from 11-1. The dogs are starting their Labor Day Weekend late for you!

**SEPTEMBER 10, 11 & 12:** (Fri, Sat & Sun) National Adoption Weekend at Pet Smart in Biddeford There are many adoptable cats & kittens who can be adopted at the Adoption Center. Adoption Hours, Fridays 9am-12pm, Sat. 12-5pm, & Sundays 12-5pm.

**SEPTEMBER 11 (SAT):** The Animal Welfare Society Mobile Adoption Team will be at The Kennel Shop at Mill Creek, South Portland w/ adoptable canines. Visit them from 11-1.

**SEPTEMBER 12 (SUN.):** 16th Annual Strut Your Mutt Walk at Mother's Beach, Kennebunk. Registration begins at 10am, the 2 mile walk on the Scenic Kennebunk Beaches starts at 11:00. All funds from teams and individual walkers benefits the AWS Sadie Fund, a medical fund for our homeless residents. Congratulations to "Team Availables" and the "Teachers Pets" team for Most Team Donations Raised and to Wendy DeCroteau for most donations raised by an individual.

## ACTON

**ACTON CONGREGATIONAL CHURCH:** Located at the corner of H Rd & Rt 109, holds its Sunday morning worship services at 10am. Sunday School classes & child care are available during the school year. FMI call 636-3430 or visit online at [www.actonucc.org](http://www.actonucc.org)

## ALFRED

**PANCAKE BREAKFAST:** Benefit for Maine Republican Candidates. \$5/per ticket at the door. Sat., Sept. 11th, 8am - 10am at Alfred Parish Chapel, Alfred. Guest Speaker at 10am.

**NOW SERVING BREAKFAST:** 2nd & 4th Mondays of each month at the Dining Commons of York County Shelters, Shaker Road, Alfred. \$4/seniors (over 60). Doors open at 9am. Join us for food & fun. Make your reservation at the Trafton Center or call 324-5181. Spons. by Southern Maine Agency on Aging & York County Shelter Programs

**ATTENTION QUILTERS AND SEWERS:** Huge fabric sale. Plus Quilting/Sewing books. Sat. Sept. 11th from 9-noon. Alfred Parish Church. FMI Call 490-5709

## BUXTON

**WANTED:** Vendors for Bonny Eagle Flea Mkt. Sat. 9/11, rain date 9/18, 8am - 2pm, at Bonny Eagle Middle School parking lot, corner of Rt. 22 & Rt. 35, Buxton. Tablespace \$10 or 5 for \$40. We are still looking for a food vendor. Either drinks & snacks or easy lunch items or both. Call Karen at 692-2989 FMI or to reserve tablespace. BEHS scholarship fundraiser.

## CORNISH

## LIMERICK

**THRIFT SHOP:** Open in Limerick UCC Church, intersection of Rts. 5 & 11 Limerick. We also sell Rada Knives. Hours are, Thurs, Fri. & Sat 10am - 2pm.

**LIMERICK-NEWFIELD (LINE) LIONS MEETINGS:** 1st Thurs. of month at 7pm at the Newfield Historical Society building on

Elm Street, off Rt. 11, next to the Newfield PO, which is near Willowbrook Village. Guests welcomed.

**THE JACOBS BROTHERS:** From Dillsburg, PA will be in concert at the Free Baptist Church on Sun., Sept. 5, at 6pm. Public Invited! An offering will be taken for them. FMI call 793-8119 or 793-8538.

## LYMAN

**GARAGE SALE:** 13 Dion Lane, Lyman. 7 days, 9-5 from now through Labor Day. All proceeds benefit Children's Tumor Foundation.

## NEWFIELD

**THRIFT SHOP:** Sponsored by the Woman's Fellowship of the United Church of Christ. Open from 9-12 every Sat. morning until 9-4-10 at the Masonic Lodge, W. Newfield. Bake sale on the front porch on 9/4.

**BOOK SALE:** Newfield Village Library thru October during regular library hours at the Municipal Building, 637 Water St. Hundreds of titles, incl. popular fiction, young adult, children's & non-fiction. Hard covers, \$1.50, paperbacks, 50 cents. Library hours Tuesday / Thursday, 9 a.m.-4:45 p.m. (closed 11:45-1); Tuesday, 6-7:45 p.m.; Wednesday, 1-4:45 p.m.; & the 1st Sat./mo., 9-11:45 a.m.

## PARSONSFIELD

**SOUTH PARSONSFIELD BAPTIST CHURCH:** Corner of South & Maplewood in Parsonsfeld. Sunday School 9:45, Morning service 11am, Wednesday night bible study & prayer meeting at 6pm. Pastor Root. All are welcome. Call 625-8226 FMI.

**PARSONSFIELD:** Golf for the Health of It! Golf Tournament & Barbecue to benefit Sacopec Valley Health Center Endowment Fund, 8am Thur., Sept. 16 at Province Lake Golf. Individual golfer \$85. Gold sponsor \$400 (hole sponsor, ad in program, foursome). Prizes awarded for Hole-in-One (\$25,000 Cash Prize provided by Lovejoy & Wadsworth Insurance and Village Variety); 3 additional hole-in-one prizes; longest drive (men & women), closest to the pin; 1st, 2nd, 3rd place teams. Just the barbecue at 2 pm \$15. Raffle! Auction! Door Prizes! To register by Sept. 9, visit [www.svhc.org](http://www.svhc.org) or call Kate Albert at 625-8129 ext. 139 for registration form.

## SANFORD/SPRINGVALE

**THE SANFORD UNITARIAN UNIVERSALIST CHURCH:** Located on the corner of Main & Lebanon St. in Sanford, offers lay led summer worship services on Sundays at 9:30am in the parlor, child care is provided. Everyone is welcome. Sun., Sept. 5, the service is entitled "Science, Nature and Spirituality" - it will be led by Jan Sacco FMI call the church office at 324-3191, visit our website at [www.sanforduuc.org](http://www.sanforduuc.org) or you may join a group on Facebook under Sanford UU Church.

**PERMACULTURE WORKSHOP:** Sept. 9th, from 6-8 pm at the University of Maine Cooperative Extension York County Office, Springvale. Intro to Permaculture workshop. Permaculture is an approach to designing food-producing & human-supporting systems in truly sustainable, ecological ways, mimicking natural systems. For this workshop, Master Gardener Mary Gilbertson will discuss the ethics & principles of permaculture, & share examples to illustrate how they can be applied. There is a \$5. fee. payable at the time of the event. Pre-registration is required by contacting UMaine Extension in York County at 324-2814 (800-287-1535, in state) or emailing rebecca.gowdy@maine.edu, by September 6th.

**THE SANFORD SPRINGVALE VINEYARD CHURCH:** Will be holding another clothing giveaway Oct. 22 & 23. We are currently collecting clean gently used winter clothing in all sizes, coats, footwear, blankets, sheets & comforters. If you would like to donate please call 324-7776 & leave a message, we will call you and make arrangements to pick up the clothes.

**POW-MIA RECOGNITION DAY:** Honoring the commitments & sacrifices made by our nations prisoners of war & those who are still missing in action. 09/18/10 at 11am, spons. by Rolling Thunder Maine Chapter 2. FMI call Butch at 651-7763, Central Park, Rt. 109, Sanford. Honor their service, fulfill their trust.

**SANFORD:** The 3rd Sanford Alzheimer's Memory Walk will be on Sat., Sept. 25 at 9am (registration at 8am) at the Medical Office Building, Goodall Hospital. The 3 mile walk around downtown Sanford helps support the Maine Chapter of the Alzheimer's Assoc. which offers workshops, support groups and 24/7 support for ME. families who have a loved one w/ Alzheimers Disease. Pre-register online at [www.alz.org/memorywalk](http://www.alz.org/memorywalk). FMI call Cathy Walters 608-4312 or Alzheimer's Association at 772-0115.

**9/11 DANCE:** For local Police & Firemen at the Nason Community Center gym Sat., Sept. 11. That is when monthly dances start up again with the popular DJ Dick Fredette in control of the flow of 50s' and 60s' music. On this day of remembering the destruction of the Twin Towers in New York City the NCC will be honoring the memory of the brave responders by giving free admission to policemen and firemen in attendance. An added attraction is a performance by Pepper's Steppers, a line dance group. FMI, please go to [www.nassoncc.org](http://www.nassoncc.org), or call 324-5657.

## SHAPLEIGH

**VISIT US THIS SUNDAY:** Sunday School for all ages begins at 9:30, Worship service following at 11. Awana, every Sun. night, 6-7:30 for ages 3-6th grade. Youth Group for grades 7-12, 5:30-7:30, Sun. evenings. With practical Bible teaching, activities for all ages, a mix of traditional & contemporary music in our worship service & a family-friendly atmosphere we are sure you will find Shapleigh Baptist Church is a place for you & your family to belong. FMI 636-1662 or visit our website [www.shapleighbaptistchurch.org](http://www.shapleighbaptistchurch.org)

**NORTH SHAPLEIGH FREE WILL BAPTIST CHURCH:** Will hold services every Sunday at 2pm thru September 26th.

## STANDISH

**BENEFIT DANCE:** For Danny Ames at Memory Lane in Standish Sept. 4th from 9-1. Stolen Mojo, Marc Mailhot, The Chaperells, Higher Ground, Taurus Phil, Damaged Goods & more. \$10. cover charge at the door. Donations can be mailed to Danny Ames Ben-

## WATERBORO

**ST. STEPHEN'S FOOD FOR LIFE PANTRY:** Open every Wednesday. New Hours 2pm - 5pm. Located at St. Stephen's the Martyr Episcopal Church 424 Sokokis Trail, East Waterboro 247-6458.

**THE 1850 TAYLOR FREY LEAVITT HOUSE MUSEUM:** In Waterboro center is an unspoiled dwelling with many original features. Open to the public free, each Sat. from 1-3pm or by appt., through Columbus Day. Added exhibits in the ell & barn incl. antique cobbler, optician, barber & blacksmith shops. FMI call Jim Carll at 247-5878.

**GOOD NEIGHBOR OUTLET:** N. Waterboro Com. Baptist Church. Accepting only good used clothing and workable good toys. Open Tues & Thurs, 1-3 & Sat 9-11.

**GOOD COOKS AND RESTAURATEURS:** Are invited to enter the Waterborough Historical Society's 2nd annual Chili, Chowder & Apple Dessert Contest to be held Sat., Sept. 18th at the Waterboro Center Fire Station. Judging starts at 4:45 and public tasting begins after the judging is completed. The winners will be announced and prizes awarded in all 3 categories at 6. FMI about entry registration, call Dianne Holden at 247-5926.

**THE WATERBOROUGH HISTORICAL SOCIETY:** Will meet at the Alfred Shaker Museum, Shaker Hill Rd. off Rt 202 in Alfred, at 7pm on Thur., Sept. 2nd. Earl & Betty Morrison will present a history & lead a tour of the museum which celebrates the Alfred Shaker community that organized in 1793 & occupied more than 50 buildings on that site before they relocated to Sabbathday Lake in 1931. FMI call Jim Carll at 247-5878.

## SUPPERS

**ROAST BEEF SUPPER:** Sept. 18th from 5pm-6:30pm at St. Philips Church Hall on Rt. 35 in Lyman. Handicap access. \$8/adults. \$4/children 12-7, 6 & under free. Take out meals avail.

**BEAN SUPPER:** Buxton Center Baptist Church, Rt. 22, Sat. Sept. 11th-4:30-6pm. Two kind of beans, Red Hotdogs, Chop Suey, Cole Slaw, Homemade Biscuits. Dessert and Beverage- Adults \$7., Kids \$3. FMI- 727-3447.

**PUBLIC SUPPER:** At the West Gorham Union Church, Rt. 25 near intersection of 112 will have a public supper on Sept. 4. Serving starts at 5pm and goes to 6pm. Adults \$7, children under 12 \$3.

**BEAN SUPPER:** Union Cong. Church, 80 Main St., Union NH. 2nd Thurs. of Month. Soldier & Navy beans, tossed salad, cole slaw, hot dogs, rolls, dessert & more.

**MASSABESIC LIONS CLUB:** Senior Get Together luncheon at Massabesic Med. Ctr. on 1st Tues/mo. Lunch is free, all seniors invited. Lunch starts w/ a program at noon, meal following.

**BEAN SUPPER:** 1st Sat./mo. Waterboro Fire Dept. Beans, hotdogs, chop suey, coleslaw, ham, rolls, beverage, desert. \$7/adults, \$5 kids 6-12, 5 & under free. February-November from 4:30 - 6pm.

**LIONS BEAN SUPPER:** 2nd Sat./mo, Massabesic Medical Ctr., Rt. 202, 4:30-6:30 pm. Adults \$7., child 5-12 \$4., under 5 free. Proceeds support Massabesic Lions Club Reg. Medical Center.

**PUBLIC ROAST BEEF SUPPER:** 3rd Sat./mo. 4:30-6:00 p.m. Am. Legion Hall, Rt. 202, Alfred. Cost \$8.

**FREE FRIDAY NIGHT SUPPER:** Faith Christian Center, Washington St. Open to the public. Join us at 6:30pm for good food & good conversation. 793-8444.

# ongoing events

**HELP:** York County Shelter Programs in Alfred, needs volunteers. Can you cook, bake, clean, wait on customers, drive, do clerical work, help w/fundraisers, answer phones or food pantry work? Can you donate 3 hrs/wk. We're a non-profit helping homeless & hungry. [www.yorkcountyshelterprograms.org](http://www.yorkcountyshelterprograms.org). Call Joan 324-1137 x 105.

**SOUTHERN MAINE GARDEN CLUB:** Meets the 3rd/Wed. of every month beginning at 6:45 at the Springvale Library. Public is invited. FMI call Mary at 324-5394.

**GARDEN CLUB FEDERATION OF MAINE:** (GCFM) gives a yearly scholarship to a Maine student majoring in horticulture or related area of study. Student must be going into the 3rd or 4th year of college or studying for a master's degree. GCFM website FMI ([www.maineclub.org](http://www.maineclub.org)).

**CONCERNED ABOUT ADDICTION?:** The Womens project can help. Our staff of nurses & social workers offer free confidential statewide services for Maine woman affected by substance abuse. Call us at 1-800-611-1588.

**LOOKING FOR FORMER:** Civilian Conservation Corp "boys". Please call Phil 799-1419.

**KIDWORKER VOLUNTEERS NEEDED:** Unlt., York Counties Domestic Violence program, is looking for women to volunteer in its children's program. Kidworker volunteers provide group childcare so moms can attend meetings. 1x1 childcare so a mom can meet w/ an advocate or look for housing. Do arts/crafts w/ children in shelter. Judith 490-3227 ext. 126.

**VOLUNTEERS WANTED:** Hearts & Horses T.R.C. needs volunteers. 2 hrs/wk can make a difference. No exp. in-house training. FRI 929-4700 or [hnhtcr@sacoriver.net](mailto:hnhtcr@sacoriver.net).

**THE YORK COUNTY COMM. ACTION HEAD START:** Looking for families to apply for our Quality Head Start/Preschool Program. FRI contact Mike Knight 324-5762 or 1-800-965-5762 ext. 2965.

**MONEY MANAGEMENT:** Ages 60+ & people w/ disabilities.

Help w/ finances so you can live independently & worry free. Opening & sending out mail, dealing w/ creditors. S. Maine Agency on Aging. Call 1-800-427-7411.

**LA DAWN QUARTER HORSE THERAPEUTIC:** Riding & Rehab Center is a non-profit therapeutic horseback riding program serving individuals w/ disabilities. We are in need of volunteers as horse leaders & side walkers. Please call Donna FRI at 499-0080.

**CROSSROADS UNITED METHODIST CHURCH:** Invites you to join us Sun. mornings at 8:40 for praise & singing before worship & Christian education begins at 9. Nursery avail. FMI call 324-4750. Pastor Mimi Mills pastormimimills@yahoo.com

**HOSPICE OF VNS CHILDREN'S STORY HOUR:** Bidd. Hospice Book Store. Spons. Literacy Volunteers of Biddeford/Saco. 282-6706.

**WEIGHT WATCHERS:** Sat./9am at Limington Cong. Church, Rt. 11. FRI call Kathy at 892-3004.

**FREE MAMMOGRAMS AND PAP TESTS:** For women ages 40-64 w/o health insurance. FRI 1-800-644-4202.

**HEART OF A PARENT:** A non-profit comm. outreach founded by parents going thru issues we all face today. 1st & 3rd Tues./mo. as a parent group 7-8:30pm. 2nd & 4th Tues./mo. as a playgroup, 10am-12. St. Martha's Catholic Church, Rt. 1, Kennebunk. 646-6799.

**FOOD ADDICTS IN RECOVERY:** Solutions to all forms of food addiction. Meetings ea/Fri., 6:30-8pm, Ellis Conference Rm, York Hospital. 490-0728/439-4521.

**WANTED!** Used cars, trucks, boats, motorcycles, snowmobiles, & jet skis. Donate machines to the Kidney Foundation of Maine & get free pick up, maybe a great tax deduction, & you'll help keep patient & community programs going. 1-800-488-CARS (2277).

**CARING UNLIMITED SUPPORT GROUPS:** Tues. Limerick 10-11:30am; Tues. Sanford 1-2:30pm; Wed. Sanford 5:30-7pm; Thurs. Bidd. 6-7:30pm; Thurs. Kittery 6:30-8pm. Support Groups for women: Free on site childcare prov. Call Bonnie 490-3227 ext 106. 24 hr hotline 324-1802 or 1-800-239-7298. Domestic Violence.

**SOUTHERN MAINE PARENT AWARENESS:** Serving families w/ special needs children. We offer an extensive workshop schedule for families of children w/disabilities & their service providers covering disability/special education topics. FRI 324-2337.

**LOOKING FOR FORMER CCC 'BOYS':** from 1930's & 40's. We meet once a mo. to eat, drink (coffee!) & reminisce. Find old friends, make new ones. Call Phil Gouzie. FRI 799-1419.

#### ACTON

**COVENANT BAPTIST CHURCH:** 115 French St. Acton. Sun. School. 8:45 am, AM worship 10am, Eve. workshop 6 pm, Family Bible study, Wed. 7pm, Pastor Rev. Curt Lovelace. 636-3792. www.covenantbc.net

**WEIGHT WATCHERS CLASSES:** Thurs eves at the Acton Fire Department. 12-week session. FRI, 892-3004, Kathy, or Sherry at 636-2131.

**ACTON CONG. CHURCH:** H Rd. in Acton. All welcome. Sunday morning worship 10:00. Sunday school & childcare are available at the same time. FMI call 636-3430. actonucc@metrocast.net

**ACTON PUBLIC LIBRARY:** Come in & see what we have to offer. All free too. Books from the best seller list, computer, free WIFI, movies, audio books, large print books. Tuesday 10am-1pm, Thurs. 4pm-7pm, Fri. 1pm-7pm, Sat. 9am-12pm.

#### ALFRED

**PARSONS MEMORIAL LIBRARY:** The library is now open Sundays 11:00-4:00. Pre-school Storytime is booming! Join us on Tuesdays at 10am for stories & a craft. No school, no storytime. Library book delivery is avail. for home bound people, call library for details. Library hours: Mon. & Wed. 3-8, Tues. & Sat. 10-3, Sun. 11-4. 324-2001, alfrib@roadrunner.com

**THE YORK COUNTY DEMOCRATIC COMMITTEE:** meets 3rd Thurs./mo. at Alfred Parish Church on the Alfred Village Square on Rt. 202/4. Meet at 7pm. FMI http://www.york-countymainedems.org Feel free to bring a friend!

**CORNER CUPBOARD:** A non food pantry at the Sanford Unitarian Universalist Church from 10-2 the 3rd Sat./mo. has bare necessities like deodorant, shampoo, toothpaste, paper towels, detergent, toilet paper, trash bags, diapers, soap, pet food, cat litter. Bring your own bags. FMI 324-3191.

**ALFRED SHAKER MUSEUM:** Meetings held 2nd Wed/ mo. at 7pm in the former Shaker Carriage House now under restoration. All interested in restoring 1 of the former Shaker buildings are welcome. FRI 324-7650.

**VOLUNTEER DRIVERS NEEDED:** York County Shelter Programs needs drivers to transport clients and food during the day from Alfred to Sanford & back Mon.-Fri. using YCSP vehicles. You can have your pick of times & days, do as little or as much as you choose. Require a good driving record, dependability & a desire to help others. Please call Joan Sylvester at 324-1137 ext. 105 or e-mail joans@ycspi.org

**THEY'RE BACK! SHAKER HILL BAKED BEANS:** The Bakery At Notre Dame, Shaker Hill, Alfred, is selling their homemade baked beans every Fri. & Sat. Complete meal w/fresh yeast rolls & a Maine Shaker Blueberry pie. Open 7 days/wk, 8am-4pm. Proceeds benefit YCSP feeding programs. FRI or to order ahead please call 324-8811.

**THE BAKERY AT NOTRE DAME:** off Shaker Hill Rd, Alfred. Breads, rolls, pies & more. Open 8am-4pm. Purchase your baked goods at the Bakery at Notre Dame, & join the fight against hunger.

**THE YORK COUNTY DEMOCRATIC COMMITTEE:** meets

3rd Thurs./mo. at Alfred Parish Church on the Alfred Village Square on Rt. 202/4. Meet at 7pm. FMI http://www.yorkcountymainedems.org or Maxine Adams at maxadams@cdfinc.com or 284-2953. Feel free to bring a friend!

**"REFLECTIONS ON THE LIFE OF THE SPIRIT":** Discussion based on the Baha'i writings. All are welcome. Parson's Memorial Library, 1st Mon/mo. 6pm. FRI 324-9444.

**PARSONS MEMORIAL LIBRARY:** Mon. & Wed. 3-8, Tues. & Sat. 10-3. Sun. 11-4. Story Hour Tues. at 10am. Book discussion group meets 4th Mon/mo. at 6:30pm. Friends of the Library 1st Wed./mo Games Club Wed.'s at 1pm( enter through lower door). Meet old friends, make new friends. Everyone welcome! Book schedule avail. at library & website www.alfredme.us/library. 'Recipe Exchange'. Donations needed of books, books on tape, CD, DVD's & VHS tapes. Parsons Memorial Library: Games Club. Every Wed. at 1pm in the Community Room. Come & meet old friends & make some new friends. Everyone welcome. If you like 'Hand and Foot' or want to learn, come and play! 324-2001.

**DO YOU NEED TEMPORARY HELP?:** If you're laid up due to flu, broken bones, hospital stay, etc. & need help shopping, driving, cooking, etc. call Angy Goyett at 490-2238 between 4-6 pm & an "Alfred Angel" will respond.

#### ARUNDEL

**FREE COFFEE HOUSE EVERY FRIDAY:** at Arundel Christian Tabernacle, Rt. 111, Arundel. 6:30pm. Vocalists & musicians welcome to attend & open to the public. We are looking for an organist and a song leader. FRI 499-7643.

#### BUXTON/BAR MILLS

**TOPS #175:** Weight loss support. Thurs. 4:45 - 6:45. Buxton Center Baptist Church, 938 Long Plains Rd. FMI call Judy at 590-0079 or Elvira at 727-4505.

**LEAVITT'S MILL HEALTH CENTER:** Medical program for people who have no insurance/ underinsured. FRI 929-6455.

**HOMESCHOOLERS SOCIAL HOUR:** 1st & 3rd Wed. from 1-3pm at Buxton United Methodist Church, 276 Chicopee Rd. Meet in the church basement to play games inside or out, share arts & crafts, plan field trips. FRI 637-3649

**WIC (WOMEN, INFANTS & CHILDREN) PROGRAM:** gives healthy food & nutrition education to eligible pregnant women & children under 5. Clinic at Buxton Town Hall every Thurs. FRI call 1-800-644-4202.

**BERRY MEMORIAL LIBRARY:** Rt. 4A, Bar Mills, across from MSAD #6 superintendent's office. Hours- Tues., 1-5, 6-8 & Fri., 1-5. FRI call 929-5484.

**WEST BUXTON PUBLIC LIBRARY:** Tues & Thur 4-8pm, Sat 9am to 1pm. Located at 34 River Road, S.R.112, West Buxton Village. 727-5898. www.westbuxtonpubliclibrary.org

**REVIVE TEEN CENTER:** 6-8:30pm. Living Waters Christian Church, 197 Parker Farm Rd. in Buxton. Open to those grades 6-12. Teens can come hang out w/ friends, listen to todays best Christian music, watch a video, shoot some pool, challenge each other at DDR or defend their skills at ping-pong or foosball. Snack bar avail. FRI Pastor Chris Hilton 727-4444.

**CELEBRATE RECOVERY:** Tuesdays from 7-9pm at Living Waters Christian Church, 197 Parker Farm Rd. in Buxton. The program was created to help people overcome lifes hurts, habits and hang ups by providing a biblical & balanced program. For issues of abuse, addiction, anger thru 12 biblical steps. Call 727-4444 FMI.

#### DAYTON

**CELEBRATE RECOVERY:** Support group. Christian 12 step recovery group for those w/ drug, alcohol, &/or sexual addictions, co-dependency, eating disorders, obsessive/compulsive disorders. Just beginning. Weds. 7pm-8:30pm. Dayton. Call 929-6817 FMI 1 location.

#### GOODWINS MILLS/LYMAN

**TOPS# 211, LYMAN:** Meets Thurs. at St. Philip Catholic Church. 404 Goodwins Mills Rd. Weigh-in 4:30-6:15. Meeting 6:30-7:30 pm. Call Gloria at 499-2111 FRI.

**STORY HOUR & CRAFTS:** Lyman Community Library Story Hour on Wednesdays at 10am. Also crafts for preschoolers.

#### HOLLIS

**SALMON FALLS LIBRARY:** Rt. 202, Hollis, Mon. 3-6, Wed. 4-7, Thurs. 3-8, Sat., 9-noon. Check out the internet or browse through our books. FRI call Mary 929-3990.

**HOLLIS CENTER LIBRARY:** Mon. 9:30-7:30pm, Tues. & Thurs. 3-7:30 pm & Sat. 12-3pm. Preschool storytime on Mon. at 10am. 3 computers w/ internet access. Website: www.hollis.center.lib.me.us

**REAL DIAPER CIRCLE:** Support, friendship & advice for cloth diapering moms or moms considering cloth diapers. Monthly meetings. Contact Corrie FRI, 247-3310. or visit http://geocities.com/corrie43

**LOSE WEIGHT FOR LESS:** TOPS 346, Hollis Center. Weekly fee is \$2. or \$1 for teens & seniors. Yearly fee is \$26. Meetings are every Weds. at Hollis Community Building. Weigh in from 5-6 pm. Meetings from 6-7pm. FMI call Bev at 727-4890.

#### KENNEBUNK

**DIABETES SUPPORT CLASS:** 2nd Mon/mo. at Richard Martin Comm. Center, 189 Alfred St. Bidd. or 4th Mon/mo. at SMMC Visiting Nurses, 72 Main St. Kennebunk. Free. Please pre-register since space is limited. Call 985-1000.

**FAITH BAPTIST PRAYER MINISTRY:** This ministry is available to local communities as well as our church. Please contact us if you would like prayer for yourself or a loved one. Also we have a new childrens program Sundays at 2pm. Call Pastor Antonis at 604-4290.

#### LIMERICK

**THE OSSIPPEE VALLEY PUBLICATION:** Purchase for \$19.99 +

tax at any program event. You may also purchase from Candace Gooch at D.R. Morton, 10 Main St., Limerick.

**CARING UNLIMITED NEEDS VOLUNTEERS:** Domestic Violence Prog. needs childcare for Limerick area. If you have 2 hrs/wk or every other week, between 10-12pm & love kids, call Barbara 490-3227 ext 127.

**ARE YOU EFFECTED BY SOMEONE ELSE'S DRINKING?:** Serenity in Limerick, Al-Anon Family Group at St. Matthews Catholic Church, Dora Ln. & Rt. 11 in Limerick. Enter at the back of the church. Fridays from 7-8. Beginner.

**TOPS #208:** Thurs. 5:30-7:15pm, weigh-in from 5:30-6:15 Old Limington Town Hall. Kathy 727-3729.

**LIFE IS ROUGH OUT THERE:** Do you need a spiritual lift? Join us in worship & song. Sundays at 11am. Limerick Cong. Church vestry (downstairs) Main St. All welcome.

**LIMERICK:** Freedom Lodge # 42 A.F. & A.M. meetings are held on the 4th Wed./mo. At the Masonic Hall, Old Town Hall. 3rd. floor. 6:30 supper. 7:30 meeting.

**LIMERICK/NEWFIELD LIONS:** (LiNe Lions Club) Meets the 1st Thurs/mo. at 7pm in Limerick at the Boy Scout Building (7 School St., behind Limerick Brick Town Hall) Refreshments served. Guests always welcome.

#### LYMAN

**LYMAN REPUBLICANS:** Meets the 2nd Mon./mo. 10 a.m. at Community Library on John Street in Goodwins Mills. All registered Lyman, Dayton & Waterboro Republicans are invited to attend these meetings.

#### NEWFIELD

**ONGOING BOTTLE DRIVE:** Kitty Cat Lane Rescue. Drop off at JD's Redemption on Rt. 5, Waterboro or at Tin Can Alley (the old trading post across from Newfield Town offices.) Please don't crush cans. FMI or pick up: Call Sylvie 247-5498 or Nancy 4233. Every can helps! http://www.kittycatlane.org

**STORY TIME & ACTIVITY:** at the W. Newfield Methodist Church, Rte. 111, at 9:30am. FRI call 247-6432.

**ALFRED CUB SCOUTS:** FMI call 459-5078.

**NEWFIELD VILLAGE LIBRARY:** Is now open in the Municipal Building, 637-Water St. Hours are Tues. & Thurs. from 9am-4:45pm (closed 11:45-1) Tues. 6pm-7:45, Wed. 1pm-4:45. 1st Sat. of the month 9am-11:45am.

#### S.A.D. #57

**PROJECT CHILD FIND M.S.A.D.#57:** Do you know of a child 3-20 yrs. of age w/ disability residing in M.S.A.D. #57 district. Disability might be vision, hearing, behavior, learning, health, mental ability, autism, or a combo. Children w/ disabilities are entitled to appropriate educational services provided at no cost. Call your school Principal or Frank Sherburne, M.S.A.D. #57 Special Ed. Director. M.S.A.D.#57.

#### SACO

**SACO GRANGE HALL:** Rt. 112 North St. will be avail. for rental by the public or organizations for events. We have a full kitchen & dining hall. Bathrooms on 1st floor. Price is \$200/day. Please call Pat Berry at 499-7376 FMI.

**SACO SEVENTH-DAY ADVENTIST CHURCH:** Invites you to join our Sat. Worship service at 9:30am. Christian worship services held on Sat. Sabbath School for all ages at 11:00am. 46 Cleveland St. FRI call 282-0385

**THE LORD'S WEARHOUSE:** Thrift shop at Seventh-day Adventist Church. Clothing, household items, toys, books, shoes, etc. Open: Fri. 9-12 & Sun. 9-1. Closed on Holiday weekends. Gladly accept donations during these hours. (no furniture). All proceeds benefit community services programs. 46 Cleveland Street, Saco. FRI 282-0385.

#### SANFORD/SPRINGVALE

**ARE YOU A PARENT?:** Would you like to develop new strategies for raising children? Parent Resource Center offers info & referral service, support groups & parenting classes. Educators provide training for the hardest job you'll ever have. FRI 324-1371 or www.parentresourcecenter.info

**STRONG FATHERS NETWORK:** Discussion group for men who want to be skilled, active & responsible fathers & father figures. Sanford, Thurs. mornings from 10-11:30am at YCCA. Alfred Thurs. afternoons from 2-3:30, The Barn at York County Shelter. FMI call Brian 459-2976, brian@yccac.org

**NEW OSTOMY SUPPORT GROUP:** At the Goodall Hospital every 3rd Mon. of each month, 7pm in the Founders Room. Ostimates & families welcome. Contact Kathleen 247-5774.

**FREE ONLINE:** (E-mail based) non profit group to help people in community recycle unwanted items. For people of Sanford & surrounding towns You can post ads stating what you have or want, then people respond via email to arrange pick up. It's a great way to declutter home, save landfills & helps people who needs items. Go to http://groups.yahoo.com/group/Sanford\_ME\_Region\_Recycle/

**GOODALL MEMORIAL LIBRARY:** The Rusty French Club meets on the 4th Tues. of the month from 6-7pm in Sanford. No dues. Open to all. FMI 324-4714.

**PLANNED PARENTHOOD:** Sanford, Hours Mon. & Tues. 8:30-6:30, Thurs. 8:30-5:30, Fri. 8:30-4:30 & 1st Sat. of the mo. from 9am -12 noon. Insur. welcome. FAIR Care pricing base on family size & income. 886 Main St. 324-9385.

**FREE PASSES:** To Portland Museum of Art, Strawberry Banke in Portsmouth, NH & Willowbrook Museum Village in Newfield. More info at Goodall Memorial Library, Sanford.

**VOLUNTEERS NEEDED:** "Meals on Wheels" for drivers to deliver meals in Sanford. Drivers are reimbursed 38¢/mile. Please lend a hand to help a senior. FRI call Barbara or Doris at 324-5181.

**CAREER CENTER JOB SEEKING WORKSHOPS:** Held the 1st

& 3rd Monday of ea. month from 9-noon. These free classes will be conducted by Craig Theriault from Springvale Career Center. To reserve your space call Massabesic Center for Adult Learning at 247-2022.

**OVEREATERS ANONYMOUS:** (OA). every Sat, 9-10am at the Unitarian Universalist Church, corner of Main & Lebanon Street, Sanford. Info: [www.aa.org](http://www.aa.org)

**SANFORD COMMUNITY ADULT EDUCATION:** offers educational opportunities from cooking & carpentry, to Algebra & French, bus trips, and more! Check out our latest brochure or call 490-5145 FRI.

**NATIVE AMERICAN FLUTE CIRCLE:** At Sanford Unitarian Universalist Church in Sanford. The 1st Sat. of the month. FMI Kevin Reams at [kokopellikelt@juno.com](mailto:kokopellikelt@juno.com).

**SUPPORT GROUP:** Foster/adoptive parents. 1st/3rd Sun. 7-9pm. Free. Universal Healing Cnt. 13 River St. Sanford 2nd floor in the mill building across from Central Furniture. 608-1755.

**SANFORD ART ASSOC. COURSES:** Eves. & weekend courses offered. All skill levels welcome. Pick up Reg. forms at the Sanford Gallery, 490-0543.

**UMCE, YORK COUNTY:** T-shirts to Turn Beauty Inside Out, on sale from 8am - 4:30pm weekdays at the York County Extension Office, 21 Bradeen St. in Springvale. FRI call 1-800-287-1535 or 324-2814.

**TOPS:** 207 Sanford, Friday from 8-10:15, Curtis Lake Church, Lakeview Dr. FMI call 324-5585.

**YORK COUNTY:** Soil & Water Conservation District has bird & bat houses for sale. We also offer aerial photos, soil maps, topo maps, storm water reviews, soil tests & more. Anderson Learning Center in Springvale. 324-0888 ext. 214.

**BUSINESS ENTERPRISE CENTER:** Provides emerging & transitional bus. admin. support, use of office equipment, free internet & low rents. Located at former Nasson Campus in Springvale. 324-0888.

**BUILDING MATERIALS EXCHANGE:** 148 Main St., Sanford. Open Wed. thru Sat. FRI call 324-4574.

**OLD TIMER'S SHOP:** 917 Main St, Sanford, 324-8024. Open Mon.-Sat., 10a.m.-4p.m. Booties to Quilts & Everything In Between, Seasonal Items. All Items Made By York County Seniors. Special Orders, Layaways, MasterCard Accepted.

**TOPS #113:** Wed., 5-7 pm, weigh-in from 5-6, meeting 6-7pm at the Fish & Game Rt. 4. Chris 324-363.

**GRIEF SUPPORT GROUP:** Held the 2nd & 4th Thurs. 2pm & 4pm, at the Family Center, 574 Main St, Springvale. Sponsored by Beacon Hospice, Carll-Heald & Black Funeral Home & Lafrance-Lambert & Black Funeral Home. FRI call Heather 772-0929 Bereavement Coordinator; Lori 324-4104 Carll-Heald & Black; or Julie 324-3090 Lafrance-Lambert & Black.

**CALVARY BAPTIST CHURCH:** Sun. school for all ages & Adult Bible study 9:30am, Sun. worship 10:30am & 6pm, Tues. eve Adult Bible Institute 6:30-9pm, Wed. eve. worship 7pm, Ladies joy circle meeting, once/mo. as announced. Nursery provided for all services, infant- 3yrs. old. FMI or directions call Pastor Todd Bell at 324-0777 or look on our website. [www.calvaryofsanford.org](http://www.calvaryofsanford.org).

**THE CHURCH:** Of Jesus Christ of Latter Day Saints. All are welcome to Sunday Morning Sacrament. 9am. 38 Westview Dr. in Sanford.

**SOUTHERN MAINE GARDEN CLUB:** Meets at 6:45 the 3rd Wed. of every month at Springvale Library on Main St. All are welcome. FMI call 490-3838.

**CALVARY BAPTIST CHURCH:** 68 High St., Sanford. Sunday School for all ages & Adult Bible Study 9:30am Sunday Worship Services, 10:30am & 6pm. Wed. Evening Service at 6pm. Ladies Meeting once a month as announced. Nursery (Infant - 3 yrs) provided for all services. FMI call Pastor Todd Bell at 432-8298. Visit our website, [www.calvaryofsanford.org](http://www.calvaryofsanford.org). Join us for Old Fashioned Preaching, Singing & Praising the Lord!

#### SHAPLEIGH

**PEOPLE TO PEOPLE:** Please support People to People by donating returnables to the Emery Mills Redemption Center. Let them know its for 'People to People'.

#### WATERBORO

**HELP TROOP #306 RECYCLE:** Cub scout uniforms are needed & appreciated by local boys. FRI call Nancy 247-5431.

**BINGO:** Mon. nights, Massabesic Lions Club, Rte 202, Waterboro (lower level - Massabesic Medical Building - across from Waterways Coffee). Doors open 4:30 PM. Games begin at 6PM. Kitchen opens at 4:30. Inexpensive food, free coffee, lots of fun, good company. Bingo profits go back into our community. Call 247-9960.

**MASSABESIC LIONS CLUB:** Need used glasses, hearing aids, & cell phones. All are refurbished & used for those who cannot afford them. Cell phones are refurbished & donated to local Shelters for battered women to call 911. Drop boxes are located in local Lions Clubs, Town Halls, doctors' offices, & medical buildings. Help us help others in need.

**YOU TOO:** can raise funds for a new Library for Waterboro At JDs Bottle Redemption Center! Bring your Returnables to them And say, "Give the money to the Friends of the Waterboro Library New Library Building Fund!" Thanks very much!

**S. WATERBORO BIBLE CHAPEL:** Sunday worship service at 10:30am. Wed. eve. service 7pm: adult prayer, Bible study & youth mtg. FRI, Pastor Dan Lambertson 247-6293.

**"TOPS CLUB, WEIGHT LOSS:** Support Group. Tues., Waterboro Town Hall Annex. Weigh-in 5:30-6:30pm. Meeting 6:30-7:30pm. Fun! Positive! Educational! Take off some pounds sensibly before summer. Call Jody at 247-4181 or log onto [www.tops.org](http://www.tops.org)."

**WATERBORO PUBLIC LIBRARY:** Hrs: Mon., Tues. Thurs. 2-8;

Wed. 9-8 and Sat. 9-3.

**CHILDRENS PLAYGROUP:** For ages 0-6 will meet from 9:30-11:30am every Tuesday. LAC playground or Clubhouse 2 on Old Portland Rd. in N. Waterboro. Bring your own snack & make some new friends. Call Amanda Todd at 807-2295 or email [aktodd\\_822@yahoo.com](mailto:aktodd_822@yahoo.com).

**CRAFTS NIGHTS:** Waterboro Library 2nd/Wed. ea. mo. at 7pm. Adults & teens. Bring your craft, knitting, beading, scrapbooking, stamping or any other craft you love! Learn new skills & meet new friends. FRI 247-3363.

**SR. CAREGIVERS SUPPORT GROUP:** at Senior Ctr., Rt 202, Waterboro, 3rd Thurs/mo. 7-8:30pm. 247-9000.

**WEIGHT WATCHERS:** Wed. at 6pm at Waterboro Town Hall. All welcome. FMI call Pat at 608-0384. Members needed.

**WATERBORO SENIOR LUNCH:** 2nd & 4th Thurs/mo., noon, Ossipee Mountaineers Snowmobile Club. Donation \$2.75. Reservations req. 324-7071. Door prizes. Come join the fun.

**SENIOR CRIBBAGE TOURNEY:** every Thurs., 8:30am-12 noon at Central Fire Station, Rt. 5, Waterboro. All welcome. FRI call Parks & Rec @ 247-6199.

**FREE TUTORING:** Confidential Reading, Writing, Math & English As A Second Language tutoring avail. at MSAD#57 schools or com. sites. If you'd like to work w/ a tutor, call Massabesic Adult Ed 247-3221, 324-3222 or 499-7576.

**SWEET SERENITY GROUP:** Alcoholics Anonymous meets Mon./7-8 p.m. at St. Stephens Episcopal Church, Rt. 5, Waterboro Ctr.

**LITTLE OSSIPEE LAKE ASSOC.:** Board of Directors meet the 2nd Sat. of each mo. from April - Oct. at 8:30am. Waterboro Town Hall Annex. Public welcome.

**OSSIPEE MEADOWS GARDEN CLUB:** meets on the third Thursday of every month at Waterboro Town Hall. Doors open at 6:45 PM. All are welcome. FMI call 247-6154 or 727-5810.

**PROJECT CHILD FIND R.S.U. #57:** Do you know of a child 3-20 years of age w/ a disability residing within the R.S.U.#57 district? The disability might be in vision, hearing, behavior, learning, health, mental ability, autism, or any combination of these areas. Children w/ disabilities are entitled to appropriate educational services provided at no cost to the child or family. If you know of a child with a disability in need of special education services, please call your local school Principal or Donna Ford, R.S.U. #57 Special Education Director. R.S.U. #57 includes the towns of Shapleigh, Newfield, Limerick, Lyman, Waterboro and Alfred.

#### WELLS

**FAITH BAPTIST CHURCH:** Meeting at the Wells Branch Community Hall, Branch Rd., Route 9 in Wells. Sunday school for all ages & Adult Bible study, Sunday 10am, Refreshments served following study hour. Worship services 11am. Wed. eve bible study & prayer meeting 6:30pm. Call the church with any prayer requests you have. All are welcome. Nursery provided. FMI call 604-4290.

**GRIEF SHARE:** A special weekly support group for people grieving the death of someone close. Be around people who understand how you feel and the pain of your loss. On Tuesdays at Messiah Christian Church, Rt. 1 Wells. FMI 985-9287.